

RESOURCES

for Adaptive Aids

A healthy mouth helps keep your body healthy. People who brush their teeth every day have fewer dental problems. The products and sellers shown are only examples and not an endorsement. Finding a tool that helps you keep your mouth (and teeth) clean is a great step towards a healthier life.






Specialty Toothbrushes

Name	Description	Sample Seller
1. Collis Curve	Bristles reach inside, outside and biting surfaces at the same time	www.kleenteeth.com
2. Surround	3 bristle pads to efficiently clean all surfaces at the same time	https://specializedcare.com
3. DexTBrush	Reaches all surfaces of teeth and includes tongue cleaner	www.amazon.com
4. Toothbrush with suction	Connects directly to standard suction tubing to more easily suck out the spit and other solutions from mouth	www.rehabmart.com
5. Power toothbrush	Wide variety of features and cost	discount stores pharmacies



Adaptive Devices for Toothbrushes

Name	Description	Sample Seller
1. GripEazy Expand	Expands size of toothbrush handle for enhanced grip	https://orabrite.net
2. GripEazy Extend	Extends reach of brush for those with range of motion limitations	https://orabrite.net
3. Foam handles	Instantly creates a larger gripping surface	www.caregiverproducts.com www.wrightstuff.biz
4. Weighted Holder	Large diameter handle holds toothbrush and adds weight to ease use	www.caregiverproducts.com www.wrightstuff.biz
5. Utensil holder	Webbed hand strap to hold utensil or toothbrush	www.caregiverproducts.com www.wrightstuff.biz

1. 	2. 	3. 	4. 	5. 
---	---	---	---	---

Specialty Toothpaste

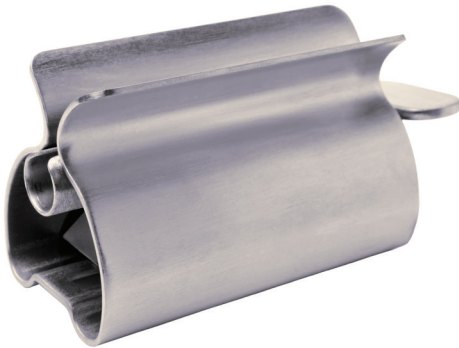
Name	Description	Sample Seller
1. Non-foaming	Does not contain Sodium Lauryl Sulfate (SLS)	discount stores pharmacies
2. Flip top	Cap flips open instead of screwing motion	discount stores pharmacies
3. Pump	Uses a hard cased canister to dispense toothpaste	discount stores pharmacies
4. Unflavored Toothpaste	Good for people who are sensitive to strong flavors. Make sure the toothpaste still contains fluoride to protect from cavities.	www.amazon.com



Adaptive Devices for Toothpaste

Name	Description	Sample Seller
1. Squeezer	Squeezes toothpaste tubes by applying pressure with the palm or turning a key	www.rehabmart.com www.wrightstuff.biz
2. Dispenser	Toothpaste dispenser automatically squeezes tube	www.amazon.com





1.



2.






Other Adaptive Devices

Name	Description	Sample Seller
1. Mouth Rest	Made of foam with a rigid core to add stability. It is sturdy enough to resist biting pressure, but has enough "give" to be comfortable.	https://specializedcare.com
2. Oral Swabs	Spongy disposable swabs that can be used to moisturize oral tissues and remove pocketed debris from mouth. Not effective as a toothbrush.	www.rehabmart.com www.caregiverproducts.com www.wrightstuff.biz
3. Weighted glove	Fingerless design adds weight to ease tremors	www.caregiverproducts.com
4. Forearm weight	Decreases tremors during fine motor tasks	www.caregiverproducts.com
1. 	2. 	3. 
4. 		

Dry Mouth Relief

Name	Description	Sample Seller
1. Gels, rinses, and sprays	Provides lubricating comfort and lasting dry mouth symptom relief	discount stores pharmacies
2. Lozenges	Ends dryness by coating, lubricating and stimulating saliva and freshening breath.	discount stores pharmacies
3. Toothpaste	Protects teeth and minimizes irritation	discount stores pharmacies
<p>1.</p> 	<p>2.</p> 	<p>3.</p> 

Flossing Aids

Name	Description	Sample Seller
1. Floss holder	Holds floss tight while in use	discount stores pharmacies
2. Water flosser/oral irrigator	Uses water pressure and pulse principle to remove germs from under the gums and in between the teeth	discount stores pharmacies
3. Flossing picks	Small, single use flosser	discount stores pharmacies
<p>1.</p> 	<p>2.</p> 	<p>3.</p> 

This booklet and other resources on this subject are available at www.oralhealthkansas.org/AdultsDisabilities.html

This publication was supported by Grant/Cooperative Agreement Number DD000006 from CDC, National Center on Birth Defects and Developmental Disabilities, Disability and Health Branch. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC, NCBDDD, Disability and Health Branch.



Disability and Health Program
kansans with disabilities can be healthy



ORAL HEALTH KANSAS
ADVOCACY • PUBLIC AWARENESS • EDUCATION

© Oral Health Kansas 2019